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LONDON

metro

LADY PIGGY MEETS MISS GAGA ... NO, WAIT!

CELEBRITY CAMEOS
ABOUND IN PUPPET
FRANCHISE'S LATEST
FLICK, MUPPETS MOST
WANTED **PAGE 12**



Big biz gives big bucks to young moms

Local non-profit launching program to help teen moms, bridge gap left by Bethesda Centre closure

PAGE 4

Stuck in the middle on 25¢ syringes

Middlesex-London Health Unit sees some problems with proposal to give refund for dirty needles

PAGE 5

Friday's Jackpot
\$43 MILLION
estimated



Knights aim for high road en route to cup

Despite getting a spot in the playoffs as host team, London wants to earn their way to championship **PAGE 19**

NEWS
WORTH
SHARING.

Keep tuning in for more Dale TV

Councillors' expenses.
Dale Henderson says changes to rules won't force him to return video equipment

Changes to the rules on councillors' expenses may be coming, but Dale Henderson is standing firm on Dale TV.

He still plans to keep the video equipment he bought with \$7,000 of taxpayers' money, despite new proposals from city clerk Cathy Saunders.

And here's why: Henderson intends to continue Dale TV, his YouTube reports from city hall, after he steps down as a councillor in the fall. Henderson's posted 16 videos to the site, with the most recent added almost a year ago.

At council's request, Saunders has reviewed the rules on how politicians use their allotted \$15,000 a year for expenses.

Saunders' report

- Other issues included in clerk Cathy Saunders' report on spending include letting councillors use expense accounts to pay for tickets to "educational forums," and for the city to publish councillors' expenses online, every quarter. It currently happens once a year.
- Another proposal is to let councillors buy "multiple tickets to a community event as an allowable expense."

Her report, which was released Wednesday, will be discussed next week at the city's corporate services committee meeting. Among its suggestions is this one: "Unconsumed" purchases will have to be returned to the city at the end of a council member's term of office.

Saunders' report makes reference to the "purchase of goods, furniture, equipment, etc." The ongoing criticism of Henderson's spending on the video equipment was one of the big problems that put the review on the agenda.

Henderson said he doesn't expect to be forced to return the video equipment because the rules won't be applied to purchases that have already happened. "I haven't seen it yet," he said about Saunders' report. "We haven't discussed it and it has to be voted on.... When it comes to law, you can't backdate stuff."

Saunders' report makes no reference to whether the change might apply to past spending or just equipment that's bought in the future. But the key question is whether the Dale TV cameras and other items will be considered "unconsumed" when Henderson stops being a councillor.

MIKE DONACHIE/METRO



ON THEIR WHITEHORSE

Hamilton-based folk-rock band Whitehorse will open the three-day Home County Music and Art Festival on July 18, organizers announced Wednesday. They're among more than 30 performers slated to take the festival's stages. For more on the lineup, see story on page 6. COURTESY PAUL WRIGHT



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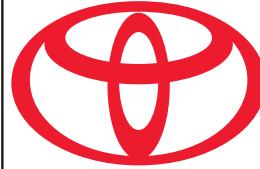
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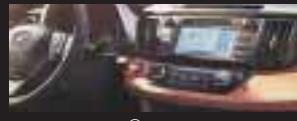
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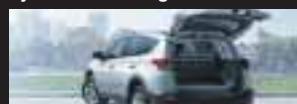
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London West MP Holder joins Harper's cabinet

Minister of State for Science and Technology. Holder's the first MP promoted to minister since Joe Fontana, who served in Paul Martin's government



SCOTT TAYLOR

scott.taylor@metronews.ca

Ed Holder

- In the 2008 federal election, he defeated incumbent Liberal Sue Barnes by just more than 2,000 votes.
- In the 2011 federal election, he defeated Liberal candidate Doug Ferguson by more than 11,000 votes.

London West MP Ed Holder said he's honoured and looking forward to his new role as the country's Minister of State for Science and Technology.

Prime Minister Stephen Harper promoted the London West MP to cabinet Wednesday morning.

Holder is the city's first cabinet minister since current mayor Joe Fontana headed the labour portfolio in Paul Martin's government. Fontana held the post until the Liberals fell to Harper's Conservatives on Feb. 6, 2006.

"I look forward to continuing to serve my constituents, while fostering strong relationships with Canada's world-leading universities, colleges, polytechnics and research institutions," Holder said in a release.

"I have always believed that investments in science and research create good jobs and drive economic growth."

"Science, research and

development pushes the frontiers of knowledge, creates quality jobs and improves the quality of life for all Canadians."

He noted that Canada leads all G7 countries in support for research at post-secondary institutions.

"Our government will continue our support for Canada's science, technology and research sectors, while focusing on moving ideas, products and services from the laboratory to the marketplace faster," he said.

While some people criticized the appointment of a man with a background as an insurance broker to the science and technology job, many others welcomed it, citing Holder's significant community involvement in London and his experience as an MP.

Holder takes over in Ottawa for Kenora MP Greg Rickford, who was slotted into natural resources.

The cabinet shuffle was prompted by Finance Minister Jim Flaherty's resignation on Tuesday.



London West MP Ed Holder leaves Rideau Hall on Wednesday after being sworn in as a cabinet minister.

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1
NEWS

Young mothers in London get new support thanks to big business

TD bank. Money for charity will fill gap left by Bethesda closure

 **MIKE DONACHIE**
mike.donachie@metronews.ca

There's new support for young mothers in London, thanks to a \$150,000 donation by big business.

The money will go toward replacing some of the ser-

vices once provided at the Bethesda Home on Riverside Drive. It was closed by the Salvation Army in 2012 due to operational deficits.

TD Bank Group handed over the money Wednesday to Youth Opportunities Unlimited (YOU) at the charity's Cornerstone building downtown.

"We see this as an investment in people, creating opportunities for multiple generations of Londoners," said Bharat Masrani, TD's chief

operating officer.

He continued: "Simply put, London has been good to TD. So I'm truly delighted to be part of an occasion to give back to such a great community."

The donation will support a program helping 12 young mothers and their children. It will offer housing, but also address other needs with health care, job advice and more. The moms and kids will be housed at the Cornerstone and nearby.

"This isn't just housing,"

said YOU board member Walt LeGrow. "This is providing a safe, stable environment for young moms and children that, since the Bethesda closure a few years ago, really hasn't been available in the community."

Also at the event were some of the people being supported.

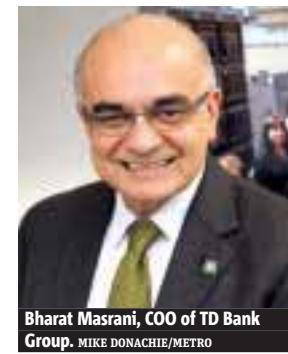
Service user Victoria Koning said the money helps "ill-equipped" young mothers "to provide their children with

the best possible future."

And there was praise for YOU from supporter Angella Conn, 28, who lived at the Cornerstone when she was 20 and her son was a toddler.

"It means support," she said. "It means comfort. They are really good at helping you understand what you have available to you and what you can achieve."

Follow Mike Donachie on Twitter @Mike_Donachie



Entrepreneurship

Chamber hands out business achievement awards

The winners are in.

More than 1,000 people were at the London Convention Centre on Wednesday night as the chamber of commerce honoured some of the finest businesses in the city. About 20 finalists — pared down from a much longer list of nominees — were vying for business achievement awards in a variety of categories.

Those coming out on top were:

- **Business of the year (small category):** ATMOS Marketing
- **Business of the year (medium category):** rtraction
- **Business of the year (large category):** Global Spectrum Facility Management, the parent company of Budweiser Gardens
- **Corporate social responsibility:** Yoga Shack
- **Environmental leadership:** universitybrand
- **Excellence in human resources:** McCormick Canada
- **Innovation:** Armatec Survivability Corp.
- **Corporate icon:** TD Canada Trust



Discussing ways to improve Western University, Forest City

Want change? Just ask. Western University students and the wider London community took part in the third annual Change Camp Wednesday night at the University Community Centre on campus. It gave them the chance to discuss ways to improve the University Students' Council, the university and the city, and continued efforts to end the "campus bubble" and involve students in the city. Pictured are, from left, Tyler Reaume, Jasmine Irwin, Sarah Kanna and Darani Urgessa. MIKE DONACHIE/METRO

Visit. Former premier, Grits leader to drop by Western

Northern Ontario's Ring of Fire will be in the spotlight Thursday as a big name in politics visits Western University.

Bob Rae, former Ontario premier and former leader of the federal Liberal Party, will speak about the mining development in an event sponsored by Western's Mining Law Society.

The talk runs from 12:30 p.m. to 2 p.m. in the Moot Court Room at the law building on campus.

Rae is chief negotiator for the Matawa First Nations Tribal Council, which represents nine First Nations located around the Ring of Fire — a planned chromite mining and smelting development in the James Bay Lowlands about 400 kilometres northeast of Thunder Bay.

The development is considered an economic driver worth billions.

"Such an opportunity, however, raises concerns about whether the local aboriginal communities that will be directly affected by the development will realize any significant benefit from it, and whether there will be any harm to their traditional lands," said Anthony Mersich, a Western law student and an executive member of the Mining Law Society.

Rae will focus on the process of negotiating a fair deal with the Ontario government to bolster quality of life for many of the aboriginal communities in the James Bay Lowlands. METRO

Legislation. Province to release annual progress reports on cutting red tape

Ontario introduced legislation Wednesday requiring annual reports on how much red tape has been reduced for business, with the goal of saving companies \$100 million over three years.

Economic Development Minister Eric Hoskins said the Better Business Climate Act would single out "unnecessary burdens" that are eliminated every year in a province where it's estimated the administrative burden costs companies \$1.8 billion.

He cited a Workplace Safety and Insurance Board form that was shortened by 60 per cent and put online for employers to fill out when workers are injured on the job but do not lose time off work.

That's the type of thing that can "save administrative

time and money for businesses," Hoskins said Wednesday, noting British Columbia and Saskatchewan have similar reporting legislation on regulatory reform.

The Canadian Federation of Independent Business had recommended the government take this step in addition to red-tape reduction that began a few years ago.

About 80,000 regulations for business have been eliminated in Ontario since 2008 under the province's "Open for Business" initiative, roughly 17 per cent of the total, Hoskins said, vowing to maintain regulations to protect public safety.

The CFIB gave Ontario a "B" this year on red-tape reduction, up from a "C-minus" in 2011.

TORSTAR NEWS SERVICE



In plain sight. You don't have to go too far out of your way to run across a used needle lying on the ground in London. This one was in a Talbot Street parking lot.
ANGELA MULLINS/METRO

Second suspected case

Health unit issues measles warning

The Middlesex-London Health Unit is dealing with a second suspected case of measles.

Officials released a list late Wednesday of London businesses visited by the person believed to be carrying the virus. Check healthunit.com

for details.

The health unit issued a similar alert Saturday after confirming a single case.

Anyone with symptoms including irritated eyes, rash and small white, grey or blue spots in the mouth should call the health unit or a doctor as soon as possible.

Measles is spread through the air and is highly contagious. METRO

Budget. Hudak blasts Liberals' planned tax hikes for \$150K+ earners

Hang on to your wallet.

That's the message from Progressive Conservative Leader Tim Hudak as Premier Kathleen Wynne's minority Liberals prepare to raise taxes on upper income earners in the spring budget.

"Look, tax hikes and doubling energy costs is no jobs plan — in fact, it's taking jobs out of our province," Hudak said Wednesday at Queen's Park.

The Tory chief wants the Liberals to table a budget by March 31, the end of the fiscal year.

Wynne and Finance Minister Charles Sousa have been suggesting for days that tax hikes loom for some Ontarians. An income-tax increase on higher-paid Ontarians could be a cornerstone of a budget now expected as late as May.

"We've said very clearly that we're not raising HST, we're not going to increase gas taxes,

and we're very cognizant about ... maintaining a very dynamic business climate while protecting the middle class," Sousa said this week. "I do want to assure everyone that this is something that's going to be very palatable and is meaningful to all Ontarians in terms of providing the investments necessary to promote economic growth."

Middle-income class earners and the majority of Ontarians are going to find themselves in a position where they're going to have the tools necessary to prosper and go forward in a more meaningful way."

Faced with plunging tax revenues, an \$11.7 billion deficit and expensive promises for new transit and infrastructure, the Liberals are looking at a new surtax on individuals earning \$150,000 and up.

TORSTAR NEWS SERVICE

Clean-up proposal.

Councillor's bid to offer 25 cents per used syringe draws concerns from medical officer



SCOTT TAYLOR
scott.taylor@metronews.ca

A London city councillor's idea of paying people to return dirty needles will at least be considered, the head of the Middlesex-London Health Unit said.

Coun. Stephen Orser, who's also the vice-chairman

100%+ success rate

Windsor and Ottawa seeing steady returns

The London-area may be grasping for solutions to its discarded needles problem, but down the 401, Windsor is enjoying wild success.

Sandy Schaffhauser, dir-

Distributed

2.4M

Number of needles distributed in the London region in 2013

Returned

1.2M

Number of needles returned through proper channels in 2013

of the health unit's board, plans to table a motion this week that would see the organization pay 25 cents for every needle returned.

The proposal comes as the health unit develops a plan with community partners to get more used needles back in the hands of professionals and off city streets and alleyways.

Christopher Mackie, the health unit's medical officer of health, said Orser often brings "innovative" ideas to the table.

"I think he really wants to make a difference on the needle-waste issue, so that's no surprise," he said.

Although Orser's plan is facing scrutiny on Twitter, Mackie would only say that

ficult to find needles there than it is here.

"It's a smaller community and it seems to be the same old folks who are coming around," she said. "They know it and they trust it, and there's no judgment."

Ottawa does even better, with about 213 per cent of needles distributed by Ottawa Public Health's Site

certain logistical problems need to be ironed out before the notion could merit serious consideration.

"Obviously, cost would be one," he said. "We give out about two million needles a year, so that would be half a million dollars."

"There would also be concern that needles from other regions might make it to London because no one else is offering this sort of rebate."

But the principal of the idea — to increase the return rate — is something the board will consider either Thursday or at its next meeting in April, Mackie said.

Needle and Syringe Program returned in 2013.

Ottawa Public Health employs a number of initiatives such as the Needle Hunters, a group that searches for syringes across the city.

That program has been in place since 1998 and it operates seven days a week, 24 hours a day.

SCOTT TAYLOR/METRO

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Home County to bring folk, fiddling

2014 performers unveiled. All-Canadian lineup pulls from cities across the country

Victoria, B.C., the Yukon and, of course, London. Those are just a few of the places tapped for the lineup of this year's Home County Music and Art Festival.

Canadian folk-rock band Whitehorse will headline the festival, opening three days' worth of music on Friday, July 18, in Victoria Park. Cape Breton fiddler Ashley MacIsaac will take the main stage July 19

Eleven performers in the lineup have direct ties to London including The Allens, The Marrieds, Lonnie In The Garden and Blackwood Honeybees.

A complete schedule of concerts and workshops will be announced in June at homecounty.ca.

with folk artist Nathan Rogers rounding out the bill July 20.

But in between the main shows, there will be more than 30 other performers. Plus, a

five-performer lineup is slated especially for the children's stage.

And, every last one of the musicians is Canadian, says artistic director Darin Addison, adding it's something the Home County Folk League prides itself on offering.

"We have put together a fantastic list of local, regional and national performers for this year's festival that includes a great mix of traditional and contemporary music," Addison said. "There is something for everyone."

Along with six stages for music, the festival will feature more than 120 Canadian artisans. METRO

More Rock the Park acts announced

Three more acts have been announced for the opening night of Rock the Park.

Joining headliner Weezer on Thursday, July 24, will be Tegan and Sara, Matthew Good and July Talk.

Other performers on the bill include Sammy Hagar on July 25 with Extreme and Survivor. Burton Cummings will take the stage July 26 with Huey Lewis and the News, 38 Special and Headpins.

Rock the Park started in 2004 as a way to help Bethany's Hope Foundation. Since then, more than \$1.8 million has been raised for the non-profit.

Tickets for this year's music festival, which will again be in Harris Park, are on sale now at Centennial Hall. Check rockthepark.ca for details. METRO





Ukraine to hold military exercise with U.S., U.K.

Following the referendum. Putin signed a treaty on Tuesday to incorporate Crimea into Russia

Russian forces seized military installations across the disputed Crimean Peninsula on Wednesday, prompting Ukraine's security chief to announce that his country will hold joint military exercises with the United States and Britain.

U.S. Vice-President Joe Biden was in Lithuania, trying to reassure nations along Russia's borders who were terrified by the sight of an expansion-minded Moscow.

"We're in this with you, together," Biden said.

Ukraine has been powerless to prevent Russian troops

from taking control of Crimea, which Russian President Vladimir Putin annexed on Tuesday. A day later, masked Russian-speaking troops moved into Ukraine's naval headquarters in the Crimean city of Sevastopol, detaining the head of Ukraine's navy and seizing the facility. They faced no resistance.

Andriy Parubiy, secretary of Ukraine's National Security and Defence Council, said the government was drawing up plans to evacuate its outnumbered troops from Crimea back to the mainland and will seek UN support to turn the peninsula into a demilitarized zone.

He also said Ukraine will hold military manoeuvres with the countries that signed the 1994 Budapest Memorandum. He didn't elaborate.

THE ASSOCIATED PRESS

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Kosovo and Crimea

Putin's justification of Crimea secession

Vladimir Putin's key argument justifying Crimea's secession from Ukraine and annexation by Russia is the West's acceptance of Kosovo's declaration of

statehood in 2008. Kosovo and Crimea both sought independence against the wishes of their central governments but the two situations have many differences.

With the strong support of the United States, the ethnic Albanian-dominated Kosovo seceded from Serbia over Serbia's strong objections. Russia, a historic Slavic ally of the Serbs, at the time argued that the Kosovo

declaration was a serious breach of international law that could lead to a series of statehood claims elsewhere in the world. Enter Crimea, Ukraine's strategic Black Sea peninsula. After Crimean residents voted overwhelmingly Sunday to secede and join Russia, Putin is invoking the precedent of Kosovo to justify the vote while the West insists the ballot is invalid. THE ASSOCIATED PRESS



Russian President Vladimir Putin
RIA-NOVOSTI/THE ASSOCIATED PRESS



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Minnesota. Convictions reversed for man accused of encouraging suicides

The Minnesota Supreme Court on Wednesday reversed the convictions of a former nurse accused of encouraging two people he met online — including a Canadian university student — to kill themselves.

The court ruled that the language in the state's assisted-suicide law that pertains to "encouraging" suicide is unconstitutional. However, it upheld the part of the law that bans "assisting" suicide.

Since a lower court judge did not rule on whether William Melchert-Dinkel "assisted" in the suicides, the case was sent back to a lower court for more proceedings.

His 360-day jail sentence had been on hold pending the outcome of the appeal.

Melchert-Dinkel, 51, was convicted on two counts of aiding suicide in the deaths of two



William Melchert-Dinkel
THE ASSOCIATED PRESS FILE

people: Nadia Kajouji, 18, of Brampton, Ont., who jumped into a frozen Ottawa river in 2008; and Mark Drybrough, 32, of Coventry, England, who hanged himself in 2005.

Melchert-Dinkel's attorney argued that he was exercising his right to free speech.

THE ASSOCIATED PRESS

Crime. Woman arranged murder of parents to stay with boyfriend, court told

A woman plotted to have her parents killed in a staged home invasion because they forbade her from seeing the man she loved, but her plan started to unravel when her father survived the attack, prosecutors alleged Wednesday.

Jennifer Pan hatched the plan after her parents made her choose between them and her high school sweetheart, co-accused Daniel Wong. Crown lawyer Jennifer Halajian told a Toronto-area court in her opening statement.

Pan, Wong and three other men — Eric Carty, Lenford Crawford and David Mylvaganam — are charged with first-

Quoted

"As long as her parents were alive, that hope was dead."

Crown lawyer Jennifer Halajian, who said in her opening statement that Pan hoped to spend the rest of her life with Daniel Wong

degree murder in the death of her mother, 53-year-old Bieh Ha Pan, and attempted murder in the shooting of her father, Huei Hann Pan.

While they didn't all pull the trigger, each "participated in carrying out Jennifer Pan's plan to murder her parents," Halajian said. THE CANADIAN PRESS

Google privacy

Lawsuit loses class-action status

A judge has tossed out an effort to win class-action status for a lawsuit accusing Google of violating the privacy terms of email users.

Judge Lucy Koh ruled Tuesday that too many users have too many dissimilar claims to pursue a single class-action lawsuit that could expose the search engine giant to billions in potential losses.

THE ASSOCIATED PRESS

Murder ink

Cops called over guy's gut gut tat

Police armed with assault rifles descended on a man's home after a tree removal crew he'd told to leave his property reported he had a gun.

Turns out the "gun" the tree crew had seen on Michael Smith was just a life-sized tattoo of a handgun on his stomach. Smith was not charged.

THE ASSOCIATED PRESS



Alberta Premier Alison Redford announces her resignation in Edmonton on Wednesday. Redford has been struggling to deal with unrest in her Progressive Conservative caucus over her leadership style and questionable expenses. JASON FRANSON/THE CANADIAN PRESS

Alberta premier stepping down

Effective Sunday. Weeks of turmoil over lavish spending culminate in Alison Redford announcing her resignation

Alberta Premier Alison Redford is resigning.

Redford has been struggling to deal with unrest in her Progressive Conservative caucus over her leadership style and questionable expenses. She says her resignation will be effective Sunday.

"Quite simply, I am not prepared to allow party and caucus infighting to get in

the way," she told supporters gathered in the legislature rotunda for the announcement. "I've given my heart and soul to this province, every minute for the last two and a half years."

Redford could not weather weeks of revelations of lavish spending. It began when it surfaced that she had spent \$45,000 on first-class air tickets and a government plane to go to Nelson Mandela's funeral in South Africa.

Other revelations fell like hammer blows: Redford using government planes for a vacation; to fly her daughter and her daughter's friends around; to go to a family funeral in Vancouver.

There were calls for Red-

ford to repay the money for the South Africa trip. She only did so after caucus tensions spilled into the public realm.

Last week, things went from bad to worse when Redford's character came into question.

Calgary backbencher Len Webber quit the Tory caucus, saying he could no longer stomach Redford's temper tantrums and abuse of subordinates. She wasn't a "nice lady," he said.

On the weekend, Redford was taken to task by Progressive Conservative party executive in a closed-door meeting. They emerged to say Redford would be given an unspecified "work plan"

to follow.

The turmoil continued.

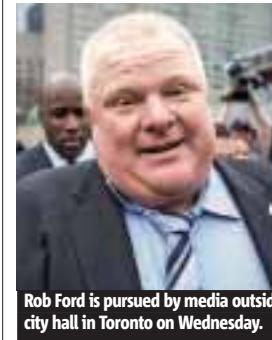
On Sunday, 10 government members met to debate whether to leave caucus and sit as Independents.

On Monday, Donna Kenney-Glans, the associate minister for electricity, quit saying the promised reforms by Redford were dying on the vine.

Earlier Wednesday, it was reported that riding association presidents in Calgary would meet in the evening to call for her resignation.

Redford was named party leader in the fall of 2011 and won government in her own right on a platform of progressivism.

THE CANADIAN PRESS



Rob Ford is pursued by media outside city hall in Toronto on Wednesday. CHRIS YOUNG/THE CANADIAN PRESS

Docs reveal crack-video details

A video of Toronto Mayor Rob Ford smoking what appears to be a "narcotic" was found on the laptop of an alleged gang member, who also apparently filmed himself describing how to "catch a mayor smoking crack," police allege.

A detailed description of the so-called crack video is part of a document, released Wednesday by an Ontario Superior Court judge, containing police allegations used to obtain search warrants in an ongoing investigation involving Ford.

"Mayor Ford is holding what appears to be a glass cylinder in one hand and a lighter in the other hand while engaged in conversation with individual(s) off camera," police describe.

"At one point Mayor Ford

holds the glass cylinder to his mouth. Lights the lighter and applies the flame to the tip of the glass cylinder in a circular motion. After several seconds Mayor Ford appears to inhale the vapour which is produced, then exhale the vapour."

The document contains police allegations not proven in court.

THE CANADIAN PRESS

Port Metro Vancouver. Government prepping back-to-work legislation

The government and Port Metro Vancouver aren't waiting to hammer out a deal with striking truckers and their union.

Instead, the B.C. government was prepping back-to-work legislation to get 250 Uni-for truckers to resume moving containers at the port, which is struggling with a massive backlog due to a three-week-long strike by more than 1,000 striking drivers (most don't belong to a union), the province announced Wednesday.

The action comes after the union didn't accept a 14-point plan, proposed by the government one week ago, to resolve

issues including unpaid wait times and rate cutting.

"Suppliers are feeling the effects right now in their stores," said Transport Minister Lisa Raitt during a Tuesday speech to the Toronto Region Board of Trade.

Raitt began to rhyme off a long list of national companies like Home Depot, Canadian Tire, Loblaw, Target and Hudson's Bay she said are being impacted, noting that several corporate officials brought their concerns to her during Tuesday's lunch.

METRO IN VANCOUVER, WITH FILES FROM TORSTAR NEWS SERVICE

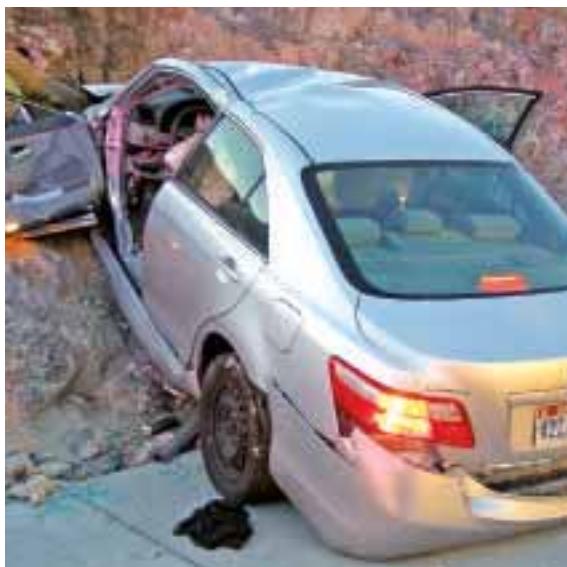
Market Minute

DOLLAR
88.93¢
(-0.86¢)

	TSX	14,334.04 (-34.94)
	OIL	\$100.37 US (+\$0.67)
	GOLD	\$1,341.30 US (-\$17.70)

Natural gas: \$4.47 US (no change)
Dow Jones: 16,222.17 (-114.02)

Toyota hit with record \$1.2B penalty in the U.S.



A Toyota Camry is shown after it crashed as it exited Interstate 80 in Utah in 2010. Police suspect problems with the Camry's accelerator or floor mat caused the crash that left two people dead and two others injured. THE ASSOCIATED PRESS FILE

Largest of its kind.
While feds settled with Japanese automaker over safety issues that became public in 2009, a criminal charge was filed

The U.S. government announced a \$1.2 billion US settlement with Toyota Motor Corp. on Wednesday and filed a criminal charge alleging the company defrauded consumers by issuing misleading statements about safety issues in Toyota and Lexus vehicles. The penalty is the

Criticism

"Toyota confronted a public safety emergency as if it were a simple public relations problem."

U.S. Attorney General Eric Holder

largest of its kind ever imposed on an auto company, the Justice Department said.

The action concludes a years-long criminal investigation into the Japanese automaker's disclosure of safety problems, which focused on whether Toyota was forthright in reporting problems of unintended acceleration troubles.

The company admitted to misleading consumers and regulators in providing assurances that it had addressed the problems — which became public in 2009 following a car crash in San Diego that killed a family of four — through a limited safety recall of certain models. Toyota knew at the time that other models susceptible to the same acceleration problem had not been recalled and also took steps to conceal a separate acceleration problem related to a faulty pedal, according to the Justice Department. THE ASSOCIATED PRESS



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SOCIAL MEDIA ETIQUETTE FOR DUMMIES

I get in Facebook fights often.

I try to be civil, but then someone will post about Phil Kessel or Joffrey Baratheon or the Judeo-Christian God and suddenly I need to let the world know why they take on the individual in question is hopelessly wrong.

Digital progress has allowed me an emotional throwback. Social media is where I can revive the rip-roaring bull sessions that used to happen at house parties in my 20s when the smell of pot was in the air, half the guests were face down in the nacho dip, and those still conscious would talk about Big Questions. Why are we on Earth? Who shot JFK? Who's better — Kirk or Picard? Did Kirk and/or Picard shoot JFK? There was a lot of drinking.

Now I can have the same sort of debates without staying up late or buying my own alcohol. (I bought my own at least twice).

Arguing without angering friends or followers can be



HE SAYS
John Mazerolle
metronews.ca

tricky, of course, so there are rules I follow for using social media with tact. Some involve arguing, while others are just about comporting myself well online.

As with all social-media arguments, I believe my advice is Absolute Truth and anyone who disagrees is an idiot worthy of scorn. It's just the way things are done online.

John's Guide to Online Civility

Part I: Fighting Tips

- As in real life, the soundest way to deal with a fight on Facebook is to sigh heavily, clap slowly and say, "Oh, good point."
- Follow up all death threats with a smiley face to show you're probably joking.
- Whoever posts the last comment in an angry argument thread wins.
- You can avoid direct confrontation with passive aggression. For example, say a friend's status says, "I like peanut butter," you might write "You're an idiot" and you'd lose a friend. But if you write, "Any-

body who likes peanut butter is an idiot" you have plausible deniability.

Part II: General Rules

- Remember that writing an offensive or ignorant tweet is one of the quickest ways for aspiring writers to get published in the Huffington Post.
- Employers commonly look at prospective workers' social media. If you must post photos of yourself heavily drinking, try to drink products from companies you might like to work for some day.
- To avoid annoying friends, try to reach a one-to-one ratio in statuses between petty whining and obnoxious bragging.
- If you must announce a death before notifying next of kin, be sure to tag it SPOILERS.

The rules in Part II might actually help you avoid arguments, if you're into that sort of thing. But regardless of whether you prefer to duke it out or play it cool, remember: Facebook and Twitter are public forums. If you must rant and don't want anyone to know, try Google Plus.

Last word!

ZOOM

Fancy a round trip to N.Y.C.?



RANDY SCOTT SLAVIN/REX FEATURES

Photograph turns city topsy turvy

This mind-bending image of North Cove Marina in New York City will have you in a spin. The surreal landscape was created by photographer Randy Scott Slavin, who used a clever photographic technique to contort the panorama to jaw-dropping effect. METRO

Q & A

Inspiration and challenges

What's your inspiration?
My work has evolved from a love of landscape photography and dis-orientating artwork of M.C. Escher. A friend introduced me to Escher's

images in elementary school and it left an indelible mark on my taste ever since.

How is the photography challenging for you?

You have to wait for the right light and in the process deal with everything that mother nature has to offer.

Snap happy

100

Individual photographs were used to create the 360-degree composite image. Using picture-editing software, Slavin stitched the photos together to produce a stereographic projection (the mapping of a spherical image onto a flat plane).

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SCREEN GRAB

After reaching peak Flappy Bird last month, the teeming masses of the Internet have been on the lookout for the next game capable of making frustration fun. Fortunately, a 19-year-old developer has stepped up to the plate with 2048, a few lines of open-source code that resembles a math nerd's version of Candy Crush. The original game can be found at gabrielecirulli.github.io/2048, but there're also a host of goofy remixes that are more fun — or at least more weird — to play.

com/2048-doctor-who-edition

Doge 2048:

So 2048. Much difficulty. Wow.
(doge2048.com)

Doctor Who 2048:

This game replaces the numbers of the original 2048 with various portraits of the actors who have portrayed the Time Lord. If you can build up to Matt Smith, you win! (games.usvsth3m.com)



Twitter

@metropicks asked: A smartwatch that uses Google Now was announced. What would you want your smart-watch to be able to do?

@Canucklehead_ca: Come up with funny responses to questions immediately. (See also: delay last call.)

@TrevorMarr: ToDo list w/ GPS proximity reminder so I don't go past store/shop w/out picking up item I needed. #WasJustThere

@Redsultan: Do basic chores while I'm asleep. Project a 3D holographic

image of me to replace me at exams, awkward meetings.

@mtlkeith: Tell me I am eligible for retirement!

@EvanDentremont: I have a smart watch. It already does everything. Incoming calls, emails, texts, blackjack (seriously)

@mitch_waugh: why the need for a "smart watch", when we all carry around our smart phones anyways.

The ever-evolving Darcys

Warring. Latest album inspired by author Cormac McCarthy



BACKSTAGE
PASS

Mila Petkovic
london@metronews.ca

He was staring at the mountains of Mexico when he got my call. His voice cut in and out at times as the band pushed onward from Los Angeles to Texas and music-film fest SXSW.

When I caught up with drummer-lyricist Wes Marskell of the Toronto-based art rock quartet The Darcys, the band had been driving for four days straight.

As part of an Arts & Crafts showcase featuring NO (L.A.) and Reuben and the Dark (Alberta), they will hit London at Call The Office (216 York St.) on Wednesday.

The Darcys are touring their third album Warring, but have something tucked up their sleeve for Record Store Day: a mysterious new tune recorded over the span of a week in an isolated barn

Caring professionals

"We practice like crazy. It's very much about rushing around the stage, lunging from instrument to instrument or triggering something. You can never be on autopilot or just keep to yourself. We are always on the edge of crashing and burning."

Wes Marskell, drummer and lyricist of The Darcys

Around town

- **On the screen.** On Saturday, East Village Arts Co-op (757 Dundas St.) is hosting a screening of short films created by Bealart students. There will also be musical entertainment from Kitchener's Richard Garvey, Vancouver's Marina Marina and local folk musician "Uncle" Dan Henshall. Cover is \$5 to 10. Doors at 8 p.m.
- **Art.** The opening reception of student exhibition What Plants Crave takes place on Friday at 7 p.m. at Western University's Artlab Gallery in the Visual Arts building.

in northern Ontario. Marskell is purposefully vague about it.

"We're trying to do something a bit different in the confines of a four-minute pop song," he says.

The band has seriously transformed their sound with each new release, ranging from indie rock on their first self-titled album to a mix of electronic, ambienthip hop on their second album (a re-interpretation of Steely Dan's Aja) and finally reaching a hybrid of the two with Warring.

"We didn't really know how to use synth and drum machines and wanted to delve into all this new electronic stuff," says Marskell about Aja.

"It was a way of forcing growth and also to overcome the loss of a band member (they had just parted ways with their lead singer) — getting back on the horse so to speak."

Their third album became about defining a new sound.



The Darcys (Jason Couse on vocals/guitar/keys, Wes Marksell on drums, Michael le Riche on guitar/synth/vocals and Hurlow on bass) are touring with NO (Los Angeles) and Reuben and the Dark (Alberta), and will be hitting London on Wednesday at Call the Office. CONTRIBUTED

It was also deeply inspired by the band's collective love of writer Cormac McCarthy (author of No Country for Old Men).

In fact, the title of Warring is a reference to the line "war was always here" from McCarthy's Blood Meridian.

"We share stuff like that on the road," says Marksell. "It struck a chord with themes and ideas we were

feeling at the time, and you can see that influence in songs like The River and Hunting."

But The Darcys are more than introspective art rockers.

They've also been known to step into the political realm. Last year they lit up southern Ontario high schools with free concerts to support public school music

programs facing cuts.

"Our performances were a form of protest. The Toronto District School Board was going to cut programs so we wanted to make some noise. It seemed like it was happening under the kids' noses and they weren't given any say," says Marksell passionately.

Tickets for the London show are \$12. Doors open at 7 p.m.

2
SCENE

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metro

Since 1979 the Muppeteers' magic has kept Kermit and co. at the top

Above and beyond.

Before technology made it easier on the puppeteers, those from Jim Henson to Frank Oz went to great lengths to bring the characters alive



IN FOCUS
Richard Crouse
scene@metronews.ca

When The Muppet Movie was released in 1979, the Muppet Show Fan Club pointed out the differences between the movie and the puppet's popular television show.

"If you think it's a film version of The Muppet Show, you're in for a surprise. For one thing, it doesn't take place in the theatre. The Muppet Movie is set in the real world — it's like waiting in line at a gas

Devotion

"I was under the water for a week. I had three days of scuba training and then down I went."

Frank Oz, Miss Piggy's puppeteer
On the lengths he had to go to for Miss Piggy's water ballet scene in The Great Muppet Caper.

station and looking up to find Fozzie and Kermit driving the next car over." In the subsequent seven theatrical Muppet movies that magic has been maintained, but the methods have changed over the years. In 2011's The Muppet Movie all the puppets were real, but the way they were filmed changed. To give the puppets a full range of movement, the puppeteers — or Muppeteers as they prefer to be called — were often in full view of the camera and digitally removed in post production.

"We removed the puppeteers later," said visual effects artist Max Ivins, "so it gave the



Ricky Gervais, left, with the Muppets in a scene from *Muppets Most Wanted*. AP PHOTO/DISNEY ENTERPRISES

puppeteers a lot more freedom in that they didn't have to hide from the camera to do everything." It's a technique used in *Muppets Most Wanted*, which sees the furry and felt puppets get into trouble on a world tour when it turns out that

Kermit's doppelgänger is the world's number one criminal. Co-starring with the Muppets is Ricky Gervais, Ty Burrell and Tina Fey. In the years before computer generated imagery, however, Muppeteers hidden from view manipulated all the

puppets. And it wasn't always so comfortable.

Everyone remembers Kermit sitting on a log, playing his banjo, in the middle of a swamp in *The Muppet Movie*, but did you know that Jim Henson, Kermit's creator and

operator until 1990, was under water for the five days it took to shoot the scene?

According to the Muppet Fan Club he was wedged into a metal tube "under the water, under the log, under the Frog" while hooked up with an air hose, a monitor and a rubber sleeve, which allowed him to manipulate the puppet.

Frank Oz was also submerged for Miss Piggy's water ballet scene in *The Great Muppet Caper*. "I was under the water for a week," he says. "I had three days of scuba training and then down I went." Finally, almost every Muppet movie features Kermit riding a bicycle. How did they do it in the early days? Director James Frawley jokes, "I put him on a three-wheeler until he got his balance, and then I put him on the two-wheeler."

In fact, the effect was achieved by intercutting long shots using a Kermit marionette and close-ups with a hand puppet operated by Henson who rode along with the bike on a low-rolling dolly.

The Muppets deliver a cameo avalanche, as always

A celeb for all tastes.

Famous faces showing up this time range from Lady Gaga to Ross Lynch to P Diddy



NED EHHRBAR

Metro World News in Hollywood

ians, it doesn't usually take a lot of convincing," producer Todd Lieberman says. And indeed *The Muppets Most Wanted* features a dizzying array of celebrity cameos with little rhyme or reason to who shows up or how. Heck, some of them don't even get close-ups. So here's a handy guide to the famous faces on parade.

The idea behind the cameos seems to be to serve as wide an array of viewers as possible, as it's unlikely there is a movie-goer out there equally excited about seeing both WWE star Dylan "Hornswoggle" Postl and Miranda Richardson. And fans of Ross Lynch probably won't recognize *Looking* star Russell Tovey making a delivery in one scene or care that that's Frank Langella officiating a wedding.

Lady Gaga and Tony Bennett aren't the only musicians to pop up, as Josh Groban, Usher, Sean Combs and Celine Dion swing by as well. And fans of comic book movies will be happy to see both the Avengers and the X-Men represented by

Tom Hiddleston and James McAvoy, respectively. And *Hunger Games* announcers Stanley Tucci and Toby Jones each get some screen time.

Fans of the work of Julian Fellowes might notice that *Downton Abbey* star Hugh Bonneville shares a scene with *Gosford Park* lackey Tom Hollander. And appearances by both Christoph Waltz and Til Schweiger make for an unlikely *Inglourious Basterds* reunion. For soccer fans, "Gooooooaal!" enthusiast Andrés Cantor pops up as an announcer. And while most of the scene-stealers technically have characters to play, Salma Hayek, Saoirse Ronan, Danny Trejo, Combs and Waltz are apparently just playing themselves.

Perhaps the biggest surprise is that, for all the famous faces making appearances, there's no sign of Jason Segel or Amy Adams, the stars of the last movie, with stand-ins appearing in their place and shot from behind at the start of the new movie.

A swine time was had



Metro's Richard Crouse gets comfortable beside the world's most famous pig. GEORGE PIMENTEL

Miss Piggy handles press with porcine perfection

I have a secret to tell you that I think Miss Piggy would rather remain undisclosed.

The blonde bombshell, that porcine paradigm of perfection, was in Toronto on Tuesday to do some press for her new film *Muppets Most Wanted*, and sit in for a press conference hosted by moi.

Like everyone else, I had

heard the stories. The word diva comes up frequently when Miss Piggy is discussed. She has a No Competing Diva clause in her contracts and has even written a book titled *The Diva Code*.

In the film she does a duet with Celine Dion, and when asked who was the biggest prima donna on set she snapped back, "Well, naturally moi."

But I'm here to tell you it's not true.

She was on time, primped and ready to go and had very funny answers to all the questions. She admits to enjoying "making a statement wher-

ever she goes," and Tuesday's presser was no exception. When I asked her if she got star struck around co-stars Tina Fey and Ricky Gervais, she said it's others who get star struck by her, before adding, "others are struck by a star if they get between moi and the camera."

The only hint of diva-ish behaviour came when she was asked who could portray her in a biopic. "Moi, of course," she said, but later when asked if she knew she was a gay icon she replied, in a most un-diva-like way, "I'm an icon to anyone who will have moi!" RICHARD CROUSE



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Alexander Ludwig is Bjorn to be wild

Q&A. Vikings star talks about playing a young warrior — and why Bjorn would kick Cato's butt in a fight

MEREDITH ENGEL
Metro World News

You might know Canadian actor Alexander Ludwig as Cato, the ill-fated brutish Career tribute in *The Hunger Games*. Now, he's taking on another tough-guy role, that of bold and bestial Bjorn, son of young warrior Ragnar, in season two of History's *Vikings*.

"I think Bjorn is kind of a diamond in the rough," says Ludwig. "He's really got a good heart. He can be vicious and he can be mean — he was known to be an incredible warrior — but deep down he does have a heart of gold."

Were you nervous about joining an already established cast?

Yeah, it's always a little intimi-

dating when you're joining a cast that's been around, but they welcomed (me) with open arms and we got along super well. I had already met (my mother and father on the show) back in Los Angeles, so when I got back to Ireland we were just reuniting.

Did you know much about Vikings before joining the show?

No, and I think that's why *Vikings* is doing so well — it is a part of history that not a lot of people know about, so there's very little to go off.

What are the challenges of playing someone who's so long gone?

I think there's a lot more freedom just because it was so long ago. There's very little for me to go off of. I think the only pressure really came from the fact that the character has already been established in the first season, so I took it upon myself to really ensure that there were certain fundamentals that I wanted to stay consistent with my character, like the depth of his



Alexander Ludwig describes his character on *Vikings* as having a good heart, deep down. CONTRIBUTED

character and his earnestness.

Bjorn was a very powerful Viking and he was able to command a lot of attention at a young age. I think a lot of that has to come from the fact that he was very sincere and

he rarely smiled — when he did it really meant something. Everything he did had a purpose and in that way he was also a very intellectual and loving person. I wanted to keep that depth to him, but

also, four years have gone by since you last saw him and a lot can change, so I wanted also to show that maturity to him now.

Who would win in a fight

Quoted

"It really just makes it so much easier as an actor; you don't have to pretend to be a Viking at all. The sets are so exceptional and the clothing is so real you already feel you're in it."

Alexander Ludwig on the costumes in *Vikings*

between Bjorn and Cato?

Bjorn would win. He's just so vicious. I think a lot of people were confused about why Vikings were so great, and why they would always win their battles — the equipment they carried wasn't nearly as good as what everybody else carried, but they were still able to prevail, and they had less people but they still were able to prevail.

The reason is, they didn't fear death. To them, this was just the beginning, and once you died honorably you went on to another life.

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M.I.A. ALL PHOTOS GETTY IMAGES

Millions NFL is seeking from rapper still M.I.A.

Rapper M.I.A.'s feud with the NFL isn't going away, as the sports league has apparently been after her for two years to pay a \$1.5 million US fine for flipping the bird during the 2012 halftime show, according to the Hollywood Reporter. And on top of that, the NFL is apparently looking for an additional \$15.1 million US as "restitution" because of how much exposure the incident garnered M.I.A. The NFL maintains that her stunt was a "flagrant disregard for the values that form the cornerstone of the NFL brand and the Super Bowl" and that

she breached an agreement to maintain the league's "reputation of wholesomeness," a charge her legal team finds laughable. "The claim for restitution lacks any basis in law, fact or logic," her reps says. "The continued pursuit of this proceeding is transparently an exercise by the NFL intended to bully and make an example of (M.I.A.) for daring to challenge the NFL." The rapper at least has a sense of humour about it, asking fellow halftime show performer Madonna if she could borrow \$16 million in a tweet that was later deleted.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Lilo's sex list Blooming with names



THE WORD

Dorothy Robinson
scene@metronews.ca

Everyone! Important news! More names on Lindsay Lohan's sex list have been revealed! And yes, you will want to know who they are.

Earlier in the month, I told you about In Touch's "world exclusive" report, in which the mag somehow got a hold of Lindsay Lohan's handwritten conquest list. Heath Ledger, Adam Levine, Zac Efron, Justin Timberlake, Joaquin Phoenix,

Colin Farrell, Evan Peters, Wilmer Valderrama and Jamie Dornan all made the cut, for better or worse. However, some of the names were blanked out for what everyone assumed were legal reasons — but now we know it was just a clever way for In Touch to drag the story on for as long as possible.

The new batch of names include Ashton Kutcher, Orlando Bloom, Benicio Del Toro, Ryan Phillippe, rugby player Danny Cipriani, NHL player Aaron Voros and director Josh Mond. So, there you go. Everyone famous who Lindsay Lohan has had sex with. The only person who is missing is Danny DeVito. And at this point, he probably didn't make it because she couldn't figure out how to spell DeVito.

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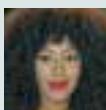


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Twitter



@solangeknowles

Think'n about adding "this is shade" to all my tweets that r actually shade, in the way u have to add "this is sponsored" to avoid confusion



@AnnaKendrick47

Hey fellow humans, when u see me out picking up prescriptions and want to get a photo, can u be super cool and just not do that? Thank you!!



@pattonoswalt

"That Sherlock Cumberbatch man could find the Malaysian plane in 5 minutes." -- someone's mom, probably

Is Schwartzman's pooch really a service dog?



Jason Schwartzman

Every dog owner has had a momentary flash of jealousy toward service dogs. Why does someone else get to bring his dog inside a restaurant, they think, while my precious baby has to wait in the car? Such is their love for their pooches that some owners even create false service dog badges and jackets for their darlings — temptingly easy to do, especially since dogs in outfits are always adorable. Now, it seems that Jason Schwartzman's dog Arrow has temporarily joined the service dog ranks.

Grand Budapest Hotel star Schwartzman was recently in Austin for SXSW, with French bulldog Arrow in tow. Master and pup were spotted in the Austin airport preparing to board a flight, and Arrow was wearing a service dog badge, according to Page Six.

So what service is Arrow providing to Schwartz-

man? Hard to say. Service dogs are used for a variety of conditions, not all of which are visible to the naked eye. However, there are numerous photos of Schwartzman and Arrow out and about together, with no sign of a service badge in sight. Maybe Arrow's a recent grad from his training — or maybe Schwartzman just didn't want to relegate his furry friend to a crate.

Keeping it Karl and collected

The shades of showmanship. In the wake of his new flagship store opening and perfume launch, we sat down with Karl Lagerfeld to talk about street style, scents and his ever-growing list of projects

KENYA HUNT
Metro World News

'This is why I don't do selfies. I hate selfies! It's too wide, it's too wide! Take the light away. Okay, I'll go to the shelf over there,' Karl Lagerfeld says.

We're in a hotel suite in Mayfair, London, and I'm following him from one corner of the room to another as we search for good lighting and the right angle for the perfect selfie.

'Oh wait,' he gives my iPhone back to me, 'Please turn it. I can only see you. I can take a selfie of you, hmm?' Karl then settles for a softly lit spot next to a bookshelf.

He looks remarkably spry and energetic considering that he's just gotten off a plane from Paris for a quick trip here to celebrate the launch of his first flagship store in the UK for his eponymous clothing line and his new perfume range, which is now available in stores globally.

He plans to fly back as soon as the parties are over. ('He doesn't like to be away from Choupette for too long,' one of his team members tells me.) But first there is an interview to do and selfies to take. 'I think they're electronic masturbation,' he says. But he does one for us anyway.

You've opened a new store



Click and clothe: Karl Lagerfeld's new store in London has iPads built into its changing room walls so customers can take selfies while they shop.
PROVIDED

Death to all things dull

"The only thing that tires me is when I'm bored. Boredom is the most tiring thing. Perhaps people have boring lives. I have no time for that, eh?"

and launched a new perfume. This is a big week for you.

This is a big week but I'm used to this kind of week so I don't consider them really big. For me it's a normal week. I do so many things at the same time. I do photos. I work on the collections to come, cruise and all that. For me, something like a launch in Paris is almost like recreation for me. Because it's different from the normal

daily discipline and work.

Well, I think that in addition to bottling your perfume you should bottle your energy and sell that in your stores.

Yes, but I need it myself so I can't sell those bottles, hmm? My energy in a way improved with age. When I was very young I had very low blood pressure and was tired all the time. Now, I'm just tired to go to bed and sleep. But I'm



Karl and Kenya's successful selfie.
KENYA'S PHONE



not tired in the rest of the day. The only thing that tires me is when I'm bored. Boredom is the most tiring thing. Perhaps people have boring lives. I have no time for that, eh?

Your clothes are obvious hits on the street style circuit. What do you say to those who argue that street style culture has gone too far?

This is a fake problem. Everything changes. I think in today's world there's also big change in magazines and in the collections. We live in the middle of change. Look at how the world has changed since this and all that. The computer has changed it all. Fashion is about change and the world is about change too. The changes in the world are not as quick as the changes in fashion. But we are in the middle of a huge change. I say, don't compare the present to the past if you want to survive happily in the next period. You have to adapt. Times don't have to adapt to you. And then you start to say, 'Oh the good old days'. And then you're over.

Before we go, any dos and don'ts for habitual perfume wearers?

I wear several perfumes at the same time. You know why? Because if you only use one you don't smell it anymore. And then you put so much on

that other people nearly faint when they see you, while you don't think you smell at all. So it's good for the nose to change. And then there are perfumes that I like to put on sheets and curtains.

Where do you normally like to wear it? Behind the ear, on your wrist?

Only on the clothes. Never on the skin. That's not the best thing to do. Even today it's less dangerous than in the past. In the past it was dangerous you know? In the past if you used bergamot and then went into the sun, you got sun spots. That's why women used to put it behind the ears because it's a place that the sun won't touch. I hate to have sun spots on my hands, that's why I wear the gloves. You have to take care of these things, you know? You don't have this kind of problem but I have.

Karl! You've done so many things.

Never enough.

You once said that you would never put your name to toilet paper.

I haven't been proposed with that kind of project yet and I don't think it's that chic but it's stuff everybody needs so that could change my mind.

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Ceiling the deal with colour that hits the high spots

White isn't the only option. Colourful ceiling exceptions to the blank canvas rule



DESIGN
CENTRE
Karl Lohnes
home@metronews.ca

I am re-painting the inside of my house this spring and I'd like to paint the ceilings a colour other than white. What are the designer rules? — Caren Lim, Vancouver

I'm sure you've often heard that ceilings should always be painted white, as it helps bounce natural light down into the room and offers visual relief from all the other colours and patterns in a room. That decorator rule holds true most of the time, but there are a few exceptions when changing up the colour of the ceiling has some advantages.

Extra-high ceilings

An extra-high ceiling in a small room can make a room feel smaller as it throws the pro-

portion of the room off, giving it the cracker-jack box effect. Painting the ceiling (and any crown moldings) the same colour as the walls will help to visually lower the ceiling and soften the edge from wall to ceiling.

Vaulted rooms

Angled ceilings and walls are often features on the upper floors of older homes. A trick to take away the angles is to paint the walls, angled areas and ceiling the same colour. Wallpapering everything with a small patterned print will also help visually take away any distinct angles. Another trick is to add tall beadboard wainscoting to the walls, then paint the remaining top wall space and ceiling a great colour.

A room with dark walls

Whenever I paint a very dark room (like a cranberry red dining room or navy blue family room) I paint the ceiling a much lighter version of the floor colour. For example, if the wood floors in a dining room are golden oak, then I'd paint the ceilings a very pale golden taupe colour. This helps take away that crisp light-to-dark edge that would happen with dark walls and white ceiling. It

Generous to a vault

Painting the ceiling (and any crown moldings) the same colour as the walls will help to visually lower the ceiling and soften the edge from wall to ceiling.

softens the feeling of the room and helps to create a nice glow in the room. Using a gloss paint with dramatic wall colours can also add a touch of glamour and is becoming a big trend.

Wallpaper on a ceiling

The only time I have ever seen wallpaper work well on a ceiling is when a gold or silver-leafed paper was applied, giving the ceiling a sheen and lux touch. This looks exceptionally great in dramatic rooms like dining, powder or bedrooms where silver or gold metal tones are used.

In basements

A very-barely-there blue is a great option as it keeps the room feeling bright. Blue is also a reflective colour that helps brighten dingy spaces.



Crowning glory: For a dramatic touch, gold-leaved paper provides a luxurious sheen. CONTRIBUTED



Come together: Papering ceilings and walls in a small patterned print minimizes angles. CONTRIBUTED

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White walls: Trick the eye by adding tall beadboard wainscoting and painting the wall above and the ceiling in a great colour. CONTRIBUTED



Cookbook of the Week

Spice up your life



The latest release from Bal Arneson, Bal's Spice Kitchen, has a two-fold premise: spice is the key to delicious cooking and making flavourful meals doesn't need to be time consuming. Using traditional Indian recipes as her inspiration, Arneson shows chefs how to complement their dishes with new spice combinations. With a guide to creating your own spice mixtures, recipes include: Mango and Cardamom Soup, Mixed Lentils with Eggplant, Tandoori Baked Chicken and more. METRO

Rib-eye Steak with Toasted Coriander Blue Cheese. The combination of exotic spices and jazzed up cheese is drool worthy

"When I ask for prime beef, my local butcher knows that it better have been dry-aged for at least 40 days," writes Bal Arneson in her book Bal's Spice Kitchen. "It is often difficult to find well-aged meat, but once you try it you will know exactly what I am talking about. Infused with the spices I chose ... this is a rare treat for your guests or for you. I have cooked this several times just for myself and thoroughly enjoyed it with a nice glass of red wine."

1. Steak masala: In a skillet, toast the cumin seeds, fennel seeds, mustard seeds and peppercorns on medium-low heat until the spice aromas fill the air, about 30 seconds. Turn off the heat and let the pan cool. Process the spices in a spice

grinder until coarsely ground, then add the fenugreek leaves, paprika, chili flakes and salt, and give the grinder a spin.

2. Preheat the grill to medium-high. Sprinkle the steak masala on the steaks. Gently place the steaks on the heated grill and cook for about 3 to 5 minutes on each side for medium steaks, or to your preferred doneness. Let them sit for a few minutes before serving.

3. Toasted coriander blue cheese: Toast the coriander seeds on low heat in a skillet for 30 seconds. Let them cool, then crush them with your hands. In a bowl, thoroughly combine the coriander seeds, blue cheese and paprika.

4. Sautéed asparagus: In a saucepan, heat the oil on medium-high. Add the garlic and cook for 30 seconds. Add the asparagus and salt and pepper and cook, stirring frequently, until the asparagus is tender, about 10 to 12 minutes.

5. To plate the dish: Place the asparagus on a plate. Slice the

Ingredients

Steak Masala

- 2 tbsp (30 ml) cumin seeds
- 1 tbsp (15 ml) fennel seeds
- 1 tsp (5 ml) brown mustard seeds
- 1 tsp (5 ml) black peppercorns
- 1/4 cup (60 ml) fenugreek leaves
- 1 tsp (15 ml) smoked paprika
- 1/2 tsp (2 ml) red chili flakes
- 1/2 tsp (2 ml) salt

Steak

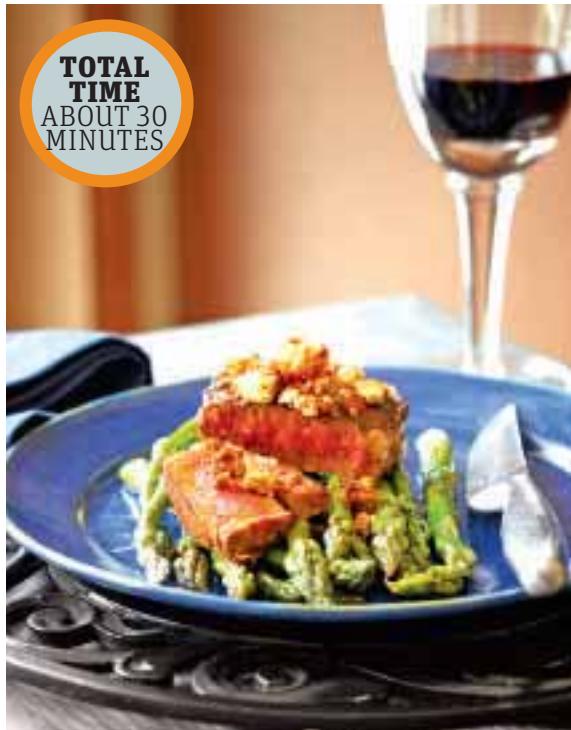
- 1/4 cup (60 ml) steak masala
- four 6 oz (175 g) dry-aged rib-eye steak (I prefer 1 1/2-inch/4 cm thick)

Toasted Coriander Blue Cheese

- 1 tbsp (15 ml) coriander seeds
- 1/2 cup (125 ml) blue cheese
- 1 tsp (5 ml) smoked paprika

Sautéed Asparagus

- 1 tbsp (5 ml) cooking oil
- 1 tbsp (5 ml) chopped garlic
- 1 lb (500 g) asparagus, hard ends removed
- salt and pepper to taste



TOTAL TIME
ABOUT 30 MINUTES

This recipe serves four to six. TRACEY KUSIEWICZ FOR BAL'S SPICE KITCHEN (WHITECAP, 2014)

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Curling

Canada on top at women's worlds

Canada's Rachel Homan downed South Korea's Ji-sun Kim 10-3 at the women's world curling championship Wednesday.

Homan's Ottawa Curling Club team moved atop the standings at 8-1 and had the evening draw off.

The top four teams at the conclusion of the preliminary round Thursday advance to playoffs.

THE CANADIAN PRESS

MMA

Humphries slides into UFC Octagon

Olympian Kaillie Humphries is moving from the bobsled track to the Octagon.

The 28-year-old Calgary native, who piloted Canada to gold at the Sochi Games in two-man bobsled, tweeted Tuesday that she would be at "The Ultimate Fighter Nations Finale" card on April 16 in Quebec City.

THE CANADIAN PRESS

NHL

Peverley on mend after surgery

The Dallas Stars say Rich Peverley has undergone successful surgery to correct an abnormal heart rhythm, just more than a week after the forward collapsed on the bench during a game.

Stars general manager Jim Nill says Peverley was released from the Cleveland Clinic on Wednesday, a day after surgery.

THE CANADIAN PRESS

OHL. London needs 16 games and league title to stay sharp for Memorial Cup tourney

 DAVE LANGFORD

dave.langford@metronews.ca

London Knights already have the time, date and site selected for their Memorial Cup opening game.

Mark it down: Friday, May 16, at 7 p.m. at Budweiser Gardens.

The opponent will be the champions from the Quebec Major Junior Hockey League. Halifax and Baie-Comeau are two probable candidates.

But in the meantime, London has a potential of close to two months of shinny competition to not necessarily worry about but at least be participants in.

Don't tell that to Knights' captain Chris Tierney, however.

"We don't want to go back door. We want to win our third straight OHL championship," Tierney said. "That's what motivates us, and it's fun playing in the playoffs here, so we're going to give it everything we've got."

The Knights, in case you just moved to London in the past week or two, have already earned a spot in the Memorial Cup as host team. But they clearly want to win their way in.

"I think the guys on this team are all hungry to win, so I think we will be playing hard the whole time. We're



"It's great playing a playoff series against a team when there's so much emotion that goes into it," captain Chris Tierney says as he and the Knights prepare to open the playoffs against the Spitfires. TERY WILSON/OHL IMAGES

Playoff Schedule: London Knights vs Windsor Spitfires

First round OHL playoff series;
All times Eastern; *if necessary

- Friday, at London, 7:30 p.m.; Saturday at London, 7 p.m.; March 25,

Windsor, 7:05 p.m.; March 27, at Windsor, 7:05 p.m.; *March 28 at London, 7:30 p.m.; *March 31, at Windsor, 7:05 p.m.; *April 1 at London, 7 p.m.

Memorial mindset

Tierney in for long haul

Chris Tierney says the OHL playoffs are not a sprint.

"It almost seems like the playoffs are longer than the regular season at some point because it is a grind and you're playing every other day basically, so it's pretty tough," the Knights' captain said. "But at the same time, it's fun playing in the series, it's fun watching other series, who you are playing next, how other teams are doing. I think everybody enjoys playoff time."

Tierney said more office requirements need to be followed if they are to make it through the maximum of four best-of-seven series and five or six games in the Memorial Cup.

"I think you have to pay more attention to treating your body right. You've got to make sure you're getting sleep, make sure you're getting the proper nutrition you need." DAVE LANGFORD/METRO

not going to be happy if we lose in one of the rounds," Tierney said.

Nobody from head coach Dale Hunter down to Captain Chris to one single season ticket holder wants to take a forced mid-playoff break.

Starting with Windsor Spitfires in the conference

quarter-finals beginning Friday in London, the Knights want to win 16 playoff games and then take their chances in the 10-day Memorial Cup on home ice.

"They're going to play every game, working their tail off and get it done," Hunter said.

Tierney said he's look-

ing forward to playing the Knights' top playoff rival off the start.

"They've been in the playoffs a lot of years and there is obviously a rivalry between both of our teams and they've got a great fan base and we've got a great fan base, so it should be a fun series," he said.

Jays become victim of Happenstance in win



Toronto starting pitcher A.J. Happ.
CHRIS SO/TORSTAR NEWS SERVICE

J.A. Happ offered more questions than answers Wednesday in another rocky outing for the Toronto Blue Jays.

The six-foot-five left-hander, pencilled in as one of Toronto's starters, lasted just 2 2/3 innings in an 11-6 Grapefruit League win over the Philadelphia Phillies.

Happ threw 71 pitches, including 34 strikes in an appearance short on control on a day when pitching coach Pete Walker said the goal was "to get

him in the strike zone."

"It's a big start for him," Walker added.

It did not go according to plan, however, on a sunny 21-degree day before 5,255 at Florida Auto Exchange Stadium.

On the plus side, Jays slugger Jose Bautista hit a pair of two-run homers — his fourth and fifth home runs of the spring. And Melky Cabrera, who now has 19 hits in 45 spring at-bats, drove in two runs with two hits.

And one day after being thumped 18-4 by the Detroit Tigers, the Jays (8-10) rallied from a 3-0 deficit for the win over the Phillies (5-13).

With R.A. Dickey, Mark Buehrle and Brandon Morrow accounting for three-fifths of the starting rotation, the Jays have spent the spring looking for two more to join them.

While Drew Hutchison has been by far the best of the rest, the Jays have so far resisted appointing him part of

the rotation. Instead they have ostensibly given one of the remaining starting jobs to Happ, who has yet to provide much reason for earning it, and said the search continues to fill the final hole.

Happ carried an ERA of 40.50 into Wednesday's game, having given up six runs on six hits with five walks in 1 1/3 innings over two previous spring appearances. A back problem has delayed his spring training progress. THE CANADIAN PRESS

4
SPORTS

Lightning sneak past short-handed express at the buzzer

NBL Canada. Sumacz gives London chance to put stranglehold on semifinal with series shifting back to Budweiser Gardens

 DAVE LANGFORD
dave.langford@metronews.ca

The London Lightning had the Windsor Express exactly where they wanted them.

Lightning head coach Micheal Ray Richardson made it clear before the National Basketball League of Canada series began what it would take to get by the Express.

"Windsor has a couple of guys that are little guards. If we can control the guards, we're going to be in business," Richardson said.

After using a stifling defence on the guards in the

Game 2
82 **81**
 Lightning Express

opener Monday, the Lightning challenge looked like it would be easier Wednesday.

One of the dynamic Windsor duo, Stefan Bonneau, was sidelined with a knee injury and the other, Darren Duncan, did not play until 4 1/2 minutes into the game and was not 100 per cent in the game.

But still it took a jumper from ex-Windsor Express Greg Sumacz on the buzzer

for the Lightning to defeat the Express 82-81. They now lead the best-of-seven conference final 2-0 with games three and four in London.

Bonneau has also been ruled out for Thursday's game at the Budweiser Gardens at 7 p.m.

Neither team played well in the first half with London down 39-31, shooting a meagre 9-33 from the floor. Windsor badboy DeAndre

Thomas was best player in the first 24 minutes with 11 points.

But in the end it was the Surmacz basket and herculean effort from Elvin Mims to get the win. Mims had 32 points and 16 rebounds and the game would not even been close without his effort.

Duncan had 24 points despite not starting for Windsor and Thomas had 20 points.



Stamkos looks like sniper of old as Bolts bowl over Leafs

Steven Stamkos scores his third goal of the game for a natural hat trick in the Lightning's 5-3 win over the Maple Leafs on Wednesday night at the Air Canada Centre. Stamkos had two goals and two assists in the six games since returning from injury before Wednesday's outburst. Tampa Bay's first game without St. Louis and with Callahan was also the first one Stamkos played since breaking his right leg four months earlier. As the 24-year-old made his long-awaited return March 6, the captain's C was on his chest as coach Jon Cooper's team began a new era, led by the face of the franchise.

DAVID COOPER/TORSTAR NEWS SERVICE

Golf. Palmer sees tough path ahead for Tiger

Arnold Palmer believes age will be an issue as 38-year-old Tiger Woods tries to break the major championship record.

The standard all along for Woods has been the 18 professional majors Jack Nicklaus won over 25 seasons. Woods reached his 14th major when he was 32, but he has not won another since that 2008 U.S. Open at Torrey Pines. And now the world's No. 1 player is coping with an ailing back. **THE ASSOCIATED PRESS**

Palmer

"These young guys are tough, and they're strong. And if they continue to play as well as they've been playing, it's going to be tough for anybody — whether it be Nicklaus or Tiger or whomever it would be."

Arnold Palmer

March Madness. Spartans 'just keep getting better'

Scouring through the game film, the roster and the tea leaves in search of any advantage his team might have over Michigan State, Monte Ross finally found it.

"Coach Izzo's lack of tournament experience," he said.

Cue the rim shot. But, seriously, over the past few days, laughing is about the only thing the Delaware coach can do to keep from crying.

This particularly unlucky No. 13 seed drew a matchup Thursday against Tom Izzo and

the Spartans, who were seeded fourth in the East but have been a trendy title pick from Las Vegas to Washington.

Yes, U.S. President Barack Obama has the Spartans winning it all. The Delaware coach finds very little room to disagree.

"In watching them, they just keep getting better and better," Ross said. "So I think I'm just going to do myself a service and stop watching them."

THE ASSOCIATED PRESS

Champions League. RVP sends United to quarters

Robin van Persie scored a hat trick that boosted Manchester United over Olympiakos 3-0 Wednesday night and into the Champions League quarter-finals on 3-2 aggregate.

The Dutch forward converted a penalty kick in the 25th minute, side-footed in his second goal in first-half injury time and curled a free kick past goalie Roberto in the 51st.

Borussia Dortmund lost 2-1 at home to Zenit St. Petersburg but advanced on 5-4 aggregate.

THE ASSOCIATED PRESS



Manchester United forward Robin van Persie GETTY IMAGES

Horoscopes

Aries

March 21 - April 20

The Sun moves into your sign today, so there can be no more excuses. You know what you want, you know how to get it and you know that if you make a genuine effort nothing can stop you. The world is yours.

Taurus

April 21 - May 21

Cosmic activity in the most sensitive area of your chart means you may tend to fear the worst over the next few days, but that is quite natural. How good or how bad you feel is really up to you alone.

Gemini

May 22 - June 21

There are so many positive influences for friendship at the moment that you would be a fool not to take advantage. If you need assistance in any way just open your mouth.

Cancer

June 22 - July 23

If you want to move up in the world, it's time to get yourself noticed. It does not matter how much talent you have, what truly matters is that you have a clear goal in mind and that you go after it.

Leo

July 24 - Aug. 23

Nothing matters more than the truth and if you keep that in mind over the next few days, you won't go far wrong. The truth may at times be uncomfortable but that is not an excuse to ignore it.

Virgo

Aug. 24 - Sept. 23

The Sun's change of signs means you need to change too. It also means you need to get rid of ideas you are comfortable with but which in are holding you back.

Libra

Sept. 24 - Oct. 23

There is no point trying to keep plans to yourself because loved ones and co-workers will find out about them. You have nothing to hide, so let them know what you are up to.

Scorpio

Oct. 24 - Nov. 22

It is one thing to be a hard worker but another to waste time and energy on tasks that mean nothing to you. Your aim today must be to decide what is important to you and what should be trashed.

Sagittarius

Nov. 23 - Dec. 21

The Sun's move into your fellow Fire sign of Aries endows you with the kind of self-belief that moves mountains. There is a world out there waiting to be impressed by your brilliance.

Capricorn

Dec. 22 - Jan. 20

You don't need to explain why you are doing certain things. Others will respect you more if you are confident about following your dreams. Don't complain. Don't explain. Don't apologize. Just act.

Aquarius

Jan. 21 - Feb. 19

The Sun moves in your favour today, making it easy to get your own way. Does that fill your head with ideas? It should, and each one of those ideas is entirely legitimate.

Pisces

Feb. 20 - March 20

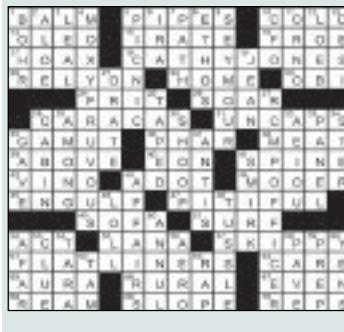
There is not much point trying to appeal to someone's common sense when they are hell bent on following a course of action that is irrational. Let them get on with it and make sure you keep a safe distance between you. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Some citrus fruits
6. Food grain
9. 2250 the old way
14. Spring, in Sherbrooke
16. Family band from Lakefield, ON
17. Yukon's official tree, Fir
18. Hell's master
19. 'Speed' suffix
20. Straus' Tausend und Nacht
21. Positioned horizontally
22. Nero's 551
23. Mid-coast of BC community, 'Home of the Rain People': 2 wds.
27. Gas station
29. Pot
30. Belief system
32. Ms. Thurman
35. During
36. Hide hair
37. Corb Lund and the ' '
42. -locka, Florida
43. Increases
44. Picture
45. Puny paranormal power
46. Jersey's call
47. Hic, , hoc
51. Nova Scotia town
57. Sight: French
58. Ancient colonnade
59. Decorative case
60. "Michael Collins" (1996) org.
61. Maison's entrance
63. Distinctions
65. "Our Father which heaven..."
66. Craigellachie, BC: Where the Canadian Pacific Railway's ceremonial was driven into the track in 1885
67. Do more lawn work
68. Tropical cuckoo
69. Set of three
70. Sleep
71. Blood-sucker, when doubled
72. Real estate database, commonly
73. AC/DC's "You Shook Night Long"
74. The Great' canonized pope,
75. GNR's "Sweet Child "
76. Type of salad dressing
77. "Beat This Heart" by Tim feat. Serena Ryder
78. Actress, Jamie-Sigler
79. Grand
80. Unfeeling
81. Restaurant side

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

9	4	8	7	2	6	5	1	3
7	1	6	9	3	5	8	4	2
3	5	2	1	4	8	6	9	7
2	7	5	8	6	1	4	3	9
1	8	4	2	9	3	7	5	6
6	9	3	4	5	7	1	2	8
5	6	9	3	8	4	2	7	1
4	2	1	6	7	9	3	8	5
8	3	7	5	1	2	9	6	4



See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

order
26. Outcast member, 3000
28. Away
31. . Doubtfire" (1993)
33. Florida locale
34. Sometimes, Off
 . Montreal football players, to fans
37. Horticulturist's helper
38. American shipping company that has franchises in Canada, The
39. Camaraderies
40. What Snoopy is,
 . Word with Beatles ...how it's commonly mis-typed
48. "Addicted to You" Swedish DJ/producer
49. "I get it now!"
50. Discontinued
52. Mathematical proportion
53. Macho guy
54. " ." (Posh "Here's me!")
55. Theatre great, Alfred
56. "Villain, thou ."
- Shakespeare
58. Box
62. Stop
63. Old music high note
64. American airer since '71

2	7			9	5
5	6	2	3	8	7
4					3
		1	9		
9		6		2	
	7	8			
9					6
7	2	4	5	1	3
8	3		5	2	1



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